



Swansea City of Sanctuary  
Abertawe Dinas Noddfa

# *Useful Services for Asylum Seekers and Refugees*

For more information please visit:

<https://www.scvs.org.uk/involve>

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Welcome to Swansea	
Organisation	How to Access
<p><b>The Better Welcome to Swansea Project</b> – a mentoring scheme running in partnership between SCVS and Swansea City of Sanctuary. Volunteers are recruited and trained to support people seeking sanctuary (primarily newly arrived asylum seekers), to feel welcome. The aim of the scheme is to promote integration between asylum seekers and refugees and people in local Swansea communities. The project provides support both in groups and individually to increase sanctuary seekers' knowledge of the Swansea area and its attractions, whilst encouraging active participation in day-to-day activities including volunteering and education.</p>	<p><b>Email:</b>  <a href="mailto:involve@scvs.org.uk">involve@scvs.org.uk</a>  <a href="mailto:Charlotte_davies@scvs.org.uk">Charlotte_davies@scvs.org.uk</a>  <a href="mailto:Natalia_ilina@scvs.org.uk">Natalia_ilina@scvs.org.uk</a></p> <p><b>Tel:</b> 01792 457299  <b>Web:</b> <a href="https://www.scvs.org.uk/involve">https://www.scvs.org.uk/involve</a></p> <p>We welcome referrals from all agencies as well as self-referrals. We use Language Line and translation volunteers where language is a barrier.</p>
<p><b>City of Sanctuary</b> - City of Sanctuary is a movement to build a culture of hospitality for people seeking sanctuary in the UK.</p>	<p><b>Mob:</b> 07496 172898 or 07496 172896  <b>Email:</b> <a href="mailto:swansea@cityofsanctuary.org">swansea@cityofsanctuary.org</a></p>
<p><b>Migrant Help – Asylum Helpline.</b> If you are an asylum seeker and live in Wales, you can contact the helpline number for support.</p>	<p><b>Tel:</b> 0808 8010 503  <b>Web:</b> <a href="http://www.migranthelpuk.org">www.migranthelpuk.org</a></p>
<p><b>DPIA Zoom instructions in multiple languages</b></p>	<p><a href="https://drive.google.com/drive/folders/1EaVbPVOEmBd675QvITHgysh_8HmiaGrB">https://drive.google.com/drive/folders/1EaVbPVOEmBd675QvITHgysh_8HmiaGrB</a></p>
<p><b>Volunteering</b> – Swansea has a vibrant culture of volunteering and of charities welcoming volunteers from across the world to support them in their activities and gain mutually beneficial skills. Sanctuary Seekers can engage in Volunteering as a way to maintain or develop skills, learn English, meet people and maintain mental and physical health and wellbeing.</p>	<p><b>Tel:</b> 01792 544000  <b>Email:</b> <a href="mailto:volunteering@scvs.org.uk">volunteering@scvs.org.uk</a>  <b>Web:</b> <a href="http://www.volunteering-wales.net">www.volunteering-wales.net</a></p> <p>Please can email or call to book an appointment. Language line is available for translation. Alternatively, you can look at opportunities online.</p>
<p><b>Swansea Asylum Seekers Support</b> - a volunteer-led registered charity, run and managed by members, who include asylum seekers, refugees, and other local people. We give a warm welcome to people seeking sanctuary in Swansea through our twice weekly drop-ins and offer practical support and educational and recreational opportunities.</p>	<p><b>Email:</b> <a href="mailto:vol.sbassg@gmail.com">vol.sbassg@gmail.com</a></p> <p><b>Web:</b> <a href="http://www.sbassg.wordpress.com">www.sbassg.wordpress.com</a></p>
<p><b>Unity in Diversity (UiD)</b> - a volunteer-led registered charity, run and managed by members, who include asylum seekers, refugees, and other local people. A warm welcome awaits people seeking sanctuary in Swansea at our Thursday afternoon Drop-In. We offer a Beginner's &amp; Intermediate English classes, community meal and access to our Clothing Bank.</p>	<p><b>Email:</b> <a href="mailto:unityswansea@gmail.com">unityswansea@gmail.com</a></p>

Physical Drop in's & Zoom links for Virtual meet ups	
Organisation	How to Access
<p><b>A Better Welcome to Swansea Morriston Drop in</b></p>	<p><b>Tel:</b> 01792 557299/544000  <b>Email:</b> <a href="mailto:Involve@scvs.org.uk">Involve@scvs.org.uk</a></p>

All welcome at our drop-in every Wednesday- English conversation, refreshments, tea and snacks, mentoring and orientation.	Morrison Community Centre every Wednesday from 12-3 pm
<b>Ethnic Youth Support Team Wales (EYST):</b> Different Drop-in's, support and activities for young people.	<b>Tel:</b> 01792 466980 for more information. <b>Address:</b> 11 St Helen's Road. SA1 4AB
<b>Swansea Bay Asylum Seeker Support Group (SASS):</b> All welcome at our 2 drop-ins every week! English classes, various activities, refreshments, meals, friendship	<b>Address:</b> <b>Fridays</b> at St James Parish Centre (off Walter Road), SA1 4QF, <b>4pm to 7pm</b> <b>Saturdays</b> at York Place Baptist Church, York Street, SA1 3LZ, <b>12-3pm.</b>
<b>Chai &amp; Chat (SCVS/SBUHB)</b> A safe space for men and women to meet separately and discuss health issues and where speakers come in to support and discuss specific health and social care concerns. <b>Women's Group: Mondays 12.30-2.30</b> <b>Mens Group: Thursdays 12.30- 2.30</b>	<b>Address: Grand Multicultural Hub</b> <b>Singleton Street</b> <b>SA1 3JQ</b>  <a href="mailto:Hannah.Sabatia@scvs.org.uk">Hannah Sabatia@scvs.org.uk</a> <b>07538105650</b>
<b>Unity in Diversity (UID):</b> Drop-in providing food, English classes, meal and socialising. Clothing Bank available.  <b>Beginners English Class: Thursdays 10.00 -11.00 in term time.</b>	<b>Address:</b> The Unity in Diversity Group York Place Baptist Church (Opposite The Vue Cinema) York Street Swansea SA1 3LZ <b>Tel:</b> 07730398482 <b>Thursday 4pm onwards</b>
<b>DPIA's advocacy forum-</b> is a space for Asylum Seekers and Refugees to speak out about the issues that they face across Wales.	Sam Allan (They/Them)– Email: Sam Allen- <a href="mailto:sam@dpia.org.uk">sam@dpia.org.uk</a>

**Health and Well-Being \*** a separate, more detailed directory for Mental Health and Wellbeing is available and can be downloaded at – asylum seekers can also access these mainstream services: [www.scvs.org.uk/mhds](http://www.scvs.org.uk/mhds)

Organisation	How to Access
<b>Health Access Team-</b> NHS team dedicated to supporting asylum seekers- including initial screening when they first arrive.	<b>Contact</b> 01792 517882 <b>Address:</b> based in Orchard Street clinic. <b>Web:</b> <a href="mailto:Sbu.hat@wales.nhs.uk">Sbu.hat@wales.nhs.uk</a>
<b>Terrence Higgins Trust- Screening</b> for HIV and sexual health diseases.	<b>Contact</b> 01792 477540
<b>EYST–</b> An award-winning organisation providing a targeted, culturally sensitive and holistic support to ethnic minority young people, their families and carers and adults to enable them to reach their full potential across Wales. The project provides advice and support on benefits, housing, education, employment as well as several other culturally sensitive challenges. A dedicated volunteering project is in place offering people from all backgrounds an opportunity to share their experiences and gain new skills. Specialist	<b>Tel:</b> (01792) 466980 <b>Email:</b> <a href="mailto:info@eyst.org.uk">info@eyst.org.uk</a> <b>Web:</b> <a href="http://www.eyst.org.uk">www.eyst.org.uk</a> <b>Referral form:</b> <a href="https://forms.office.com/e/AjRbreMZyG">https://forms.office.com/e/AjRbreMZyG</a>

advice and guidance project is also set up to support asylum seekers and refugees.	
<b>Mental Health Crisis Team</b> 24/7 mental health support is now available over the phone in Swansea Bay. People living in Swansea and Neath Port Talbot who need urgent support with mental health issues can now call a team of mental health professionals for free, day or night. The service is available for anyone in Swansea and Neath Port Talbot with a mental health concern, including relatives who need advice.	<b>Tel:</b> Calling 111 and choosing option 2 puts callers in direct contact with a team of 20 mental health professionals based at Neath Port Talbot Hospital.
<b>African Community Centre</b> • English Classes • Group Activities • Counselling • Mums and Tots Group • Creative Art Therapy • 1 to 1 Help • Young Person's Project • Drop-in Provision • Signposting and referrals • Mentoring • Access to training opportunities • Volunteering opportunities	<b>Address:</b> The Grand Multicultural Hub <b>Email:</b> <a href="mailto:info@africancommunitycentre.org.uk">info@africancommunitycentre.org.uk</a> <b>Web:</b> <a href="http://www.africancommunitycentre.org.uk">www.africancommunitycentre.org.uk</a>
<b>Centre for African Entrepreneurship (CAE)</b> Group workshops employability Foodbank Wellbeing walks MHFA training support workers Youth social interaction	<a href="mailto:Infor@caentr.org">Infor@caentr.org</a>  07878553369

Children's services and support	
Organisation	How to Access
<b>Tidy minds website:</b> If you're a young person living in Swansea or Neath Port Talbot, we're here to help you understand the way you're feeling and find the right advice and support.	<b>Web:</b> <a href="#">Home page - Tidy Minds</a>
<b>Public Health Wales</b> - have developed an online parenting resource in lots of different languages. The need for extra parenting support for this population has been recognised. Children and adults in sanctuary seeking families have often had traumatic experiences and may struggle adapting to a new environment, and the parents are likely facing a new language, culture and asylum process, making successful parenting more difficult.	<p>*Scroll down the page for other languages version*</p> <p>To get access users just need to visit <a href="http://www.inourplace.co.uk">www.inourplace.co.uk</a> and use the code 'NWSOL' if you live in North Wales, and 'SWSOL' if you live in Mid, West or South Wales. Then simply choose the courses that are most relevant to their child or children, split into four easy to use sections covering:</p> <ul style="list-style-type: none"> <li>• Understanding pregnancy, labour birth and your baby</li> <li>• Understanding you baby</li> <li>• Understanding your child</li> <li>• Understanding your teenager's brain</li> </ul>

<b>EYST:</b> We provide 121 tuition for young people aged 11-25 for one hour per week in the core subjects of Maths, English and Science.	<b>Tel:</b> (01792) 466980 <b>Email:</b> <a href="mailto:info@eyst.org.uk">info@eyst.org.uk</a> <b>Web:</b> <a href="http://www.eyst.org.uk">www.eyst.org.uk</a> <b>Referral form:</b> <a href="https://eyst.org.uk/project.php?s=online-homework-club">https://eyst.org.uk/project.php?s=online-homework-club</a>
<b>ACC</b> • English Classes • Group Activities • Counselling • Mums and Tots Group • Creative Art Therapy • 1 to 1 Help • Young Person's Project • Drop-in Provision • Signposting and referrals • Mentoring • Access to training opportunities • Volunteering opportunities	<b>Address:</b> The Grand Multicultural Hub <b>Email:</b> <a href="mailto:info@africancommunitycentre.org.uk">info@africancommunitycentre.org.uk</a> <b>Web:</b> <a href="http://www.africancommunitycentre.org.uk">www.africancommunitycentre.org.uk</a>
<b>Chinese in Wales</b> Due to the differences in the living and cultural habits of Chinese parents and young people grow up in western, young people in Chinese families may face more pressure than other children of the same age in Wales.	<b>Tel:</b> 01792469919 <b>Email:</b> <a href="mailto:info@chineseinwales.org.uk">info@chineseinwales.org.uk</a> <b>Web:</b> <a href="#">青少年组登记表 Youth Group Registration (google.com)</a>
<b>ILA- Iberians &amp; Latin Americans in Wales</b> We will provide a voice for all Ibero-Latin Americans in Wales and do so with kindness, friendliness, honesty and solidarity to contribute to the creation of a better multicultural Wales.	<b>Address:</b> The Grand Multicultural Hub <b>Email:</b> <a href="mailto:inwalesiberolatinoamericans@gmail.com">inwalesiberolatinoamericans@gmail.com</a> <b>Tel:</b> 01792 420941

Housing, Legal and Benefits (specialist services)	
Housing	
Organisation	How to Access
The first step with housing problems should always be reported to the <b>house manager</b> in the <b>first</b> instance ( <b>number should be on notice board in the house</b> ).	<b>They should have the phone numbers.</b>
<b>Clearsprings / Ready Homes Customer support:</b>	<b>Tel:</b> 01268740200
<b>EYST-Support</b> for people with issues surrounding their asylum case including Advice, Guidance and support and case work support.	<b>Email:</b> <a href="mailto:Aliya@eyst.org.uk">Aliya@eyst.org.uk</a> / <a href="mailto:sophie@eyst.org.uk">sophie@eyst.org.uk</a> <b>Tel:</b> 01792 466980 <a href="https://forms.office.com/e/AjRbreMZyG">https://forms.office.com/e/AjRbreMZyG</a>
<b>Environmental Health Department-</b> If anyone feels that their property represents an environmental hazard i.e. damp, unsafe areas, overcrowding or build-up rubbish	<b>Tel:</b> 01792635000 or <a href="mailto:evh@swansea.gov.uk">evh@swansea.gov.uk</a>
<b>The Red Cross</b> - weekly <b>destitution clinic</b> every Wednesday from 10am to 12:30. Provides 'Floating Tenancy Support', refugees.	<b>Address:</b> Welsh Refugee Council, Rooms 30 and 31, YMCA, 1 Kingsway, Swansea, SA1 5JQ <b>Tel :</b> (01792) 784915
<b>Share Tawe-</b> providing housing with families for destitute asylum seekers.	<b>Email:</b> <a href="mailto:share.tawe@gmail.com">share.tawe@gmail.com</a> <b>Tel:</b> 07429131100
<b>Housing Options-</b> If people present as homeless, please ask them if in office hours to present themselves to	<b>Address:</b> Housing Options on 17-19 High Street Swansea SA1 1LF. <b>Tel:</b> 01792 533100

<p><b>Goleudy</b> - Showers and laundry services, also able to help with temp accommodation in some situation.</p>	<p><b>Address:</b> Access Point: The Strand, Swansea. SA1 2AW  <b>Tel:</b> 01792 467024  <b>Email:</b> <a href="mailto:outreach@goleudy.org">outreach@goleudy.org</a> / <a href="mailto:information@goleudy.org">information@goleudy.org</a>  <b>Web:</b> <a href="#">Get in touch   Goleudy</a></p>
<h2>Legal</h2>	
<p><b>Swansea based legal aid - Referral for legal advice.</b>  <b>NLS Solicitors-</b> Most people should have a solicitor. If they do not have one, the first place to try in Swansea is NLS: they can go direct or via EYST.  NLS Solicitors, based in Cardiff, Newport and Swansea are qualified immigration specialists able to provide our clients with expert services, no matter what their Immigration problem. For more information about our services or to arrange an appointment please contact us.  <b>Asylum Cases:</b> Fiancé/Spouse Visas, Visit Visas, Student Visas, Entrepreneur/Work Visas, <b>Appeals, Judicial Review Claims, Citizenship Applications</b></p>	<p><b>Tel:</b> 01792687717  <b>Address:</b> 17 Mansel Street, Swansea, SA1 5SG  <b>Tel:</b> 0330 22 33 444</p>
<p><b>Home Office Reporting Centre:</b> Monday and Tuesday only, 9am to 12.30pm</p>	<p><b>Address:</b> DVLA, Morriston, Swansea SA6 7HG</p>
<p><b>Asylum Justice-</b> Is FREE LEGAL SERVICE FOR Asylum seekers. It is run by volunteers so may not always be available to offer immediate support.</p>	<p><b>Tel:</b> <b>02920499421</b> or <a href="mailto:info@asylumjustice.org.uk">info@asylumjustice.org.uk</a>.</p>
<p><b>Ethnic youth support Team Wales-</b> support for people with issues surrounding their asylum case including Advice, Guidance and support and case work support.</p>	<p><b>Email:</b> <a href="mailto:Aliya@eyst.org.uk">Aliya@eyst.org.uk</a> / <a href="mailto:sophie@eyst.org.uk">sophie@eyst.org.uk</a> <b>Tel:</b> 01792 466980  <a href="https://forms.office.com/e/AjRbreMZyG">https://forms.office.com/e/AjRbreMZyG</a></p>
<p><b>Migrant Help-</b> Give advice, information and guidance about queries with the Home Office. Helpline in 15 different languages.</p>	<p><b>Tel:</b> 08088010503- This is a 24/7/365 days' service.</p>
<p><b>Welsh Refugee Council</b> - runs specialist teams that give asylum seekers and refugees advice and guidance on the asylum system, legal, health and housing problems. People with the right to work can get advice on job-hunting.</p>	<p><b>Tel:</b> 029 2048 9800  <b>Out of office hours:</b> 0789 66 900 70</p>
<p><b>Swansea Law Clinic</b>  Swansea Law Clinic benefits the local community by offering free initial advice about legal problems while giving our students the chance to work alongside practising lawyers to advise real clients.</p>	<p>Swansea University Singleton Campus  Swansea - SA2 8PP  <b>Tuesdays 11am to 1:30pm</b>  <b>*Term time only</b></p>
<p><b>ASAP: Asylum Support Appeals Project</b>  We work with people who have been forced to flee their home countries and seek safety in the UK who then find themselves destitute, and in need of food and shelter. We also work with organisations around the UK working with persons seeking asylum who need support.  <i>* ASAP works with organisations supporting asylum seekers and not individuals themselves.</i></p>	<p><b>Advice Line:</b> To refer cases call; 0203 716 0283 <b>Web:</b> <a href="http://www.asaproject.org">www.asaproject.org</a></p>
<p><b>Displaced People in Action (DPIA)-</b> is a registered charity that has been helping displaced people (refugees and asylum seekers) integrate into their new lives in Wales</p>	<p><b>Address:</b> Hastings House, FitzalanCourt, Cardiff CF24 0BL  <b>Tel:</b> 07496 840479</p>



since 2001. Our mission statement is to provide specialist services and projects to refugees and people seeking asylum across Wales in order for them to successfully integrate into the community. Providing specialist services and projects to refugees and people seeking asylum across Wales in order for them to successfully integrate into the community.	<b>Email:</b> sarah@dpia.org.uk <b>Web:</b> <a href="http://www.dpia.org.uk">www.dpia.org.uk</a>
<b>Duncan Lewis Solicitors</b> - has the largest legal aid immigration practice in the UK and has been ranked by Legal 500 2015 for its business immigration and immigration human rights work in London and East Midlands and <b>has been recognised as a top-tier law firm for its asylum and human rights work in Wales.</b>	<b>Address:</b> Swan House, 146-147 St. Helen Road, Swansea. SA1 4DE <b>Tel:</b> 033 3772 0607
<b>Right to remain toolkit:</b>	
<b>Benefits</b>	
<b>Welsh Refugee Council</b> - Support when asylum seekers have received refugee status to help with the move-on process; applying for benefits, housing etc.	<b>Tel:</b> Theodore Manzambi <tm@wrc.wales>
<b>Citizens Advice</b> - Confidential and impartial service; and can advise on all aspects of the law, including your rights and responsibilities. The advice service that we provide is available to everyone, regardless of ethnic origin, age, religious beliefs, disability, health status, sexuality, gender, and language. <b>Contact your local Citizens Advice if you want to speak to someone in person about an immigration problem.</b> It's important to get help early if you're not sure what to do.	<b>Address:</b> Second floor, City Gates, 50a Wind street, Swansea. SA1 1EE <b>Tel:</b> 01792 474882 <b>Web:</b> <a href="http://www.citizensadvice.org.uk/">www.citizensadvice.org.uk/</a>

<b>Employment &amp; Volunteering</b>	
<b>Organisation</b>	<b>How to access</b>
Careers Wales West	<a href="#">Careers Wales   Careers Wales (gov.wales)</a>
Adult Learning Wales	<a href="#">Adult Learning Wales   Wales' Community Learning Provider of Choice</a>
<b>Volunteering</b> – Swansea has a vibrant culture of volunteering and of charities welcoming volunteers from across the world to support them in their activities and gain mutually beneficial skills. Sanctuary Seekers can engage in Volunteering as a way to maintain or develop skills, learn English, meet people and maintain mental and physical health and wellbeing.	<b>Tel:</b> 01792 544000 <b>Email:</b> <a href="mailto:volunteering@scvs.org.uk">volunteering@scvs.org.uk</a> <b>Web:</b> <a href="http://www.volunteering-wales.net">www.volunteering-wales.net</a>  Please can email or call to book an appointment. Language line is available for translation. Alternatively, you can look at opportunities online.
<b>Better jobs better futures:</b> A holistic support service for refugees and asylum seekers. We provide advice and referrals for employment support.	<b>Address:</b> Employment Hub, 1 the Kingsway (first floor), Swansea. SA1 5LF <b>Tel:</b> 01792 284450 <b>Email:</b> <a href="mailto:info@betterjobsbetterfutures.wales">info@betterjobsbetterfutures.wales</a> <b>Web:</b> <a href="http://www.betterjobsbetterfutures.wales">www.betterjobsbetterfutures.wales</a>

<b>English Classes * please see the informal English provision</b>	
<b>Organisation</b>	<b>How to Access</b>
<b>Swansea University</b>	beginners/intermediate classes – use this link below to register: <a href="https://tinyurl.com/2p86cb7e">https://tinyurl.com/2p86cb7e</a>



	Pre- intermediate and Upper-intermediate Free classes at <b>Swansea University</b> (face to face): contact <a href="mailto:elts@swansea.ac.uk">elts@swansea.ac.uk</a>
<b>EYST:</b>	classes are fortnightly, so check with Najma before attending for the first time: 07899718158
For <b>SASS</b> classes	contact George on 07719876193 or <a href="mailto:georgefw1@gmail.com">georgefw1@gmail.com</a>
For <b>UiD</b> classes:	contact David on 07531 294 145 or <a href="mailto:jendave.browell@gmail.com">jendave.browell@gmail.com</a>
For <b>Grow Cymru:</b>	classes contact Yvonne on 01792 712 888 or 07494 966 980 or <a href="mailto:info@growcymru.org.uk">info@growcymru.org.uk</a>
For <b>FAN:</b>	contact Philippa on 07938978397 or <a href="mailto:philippa.wisdom@thefancharity.org">philippa.wisdom@thefancharity.org</a>
For the <b>African Community Centre:</b>	use the link below to register, or contact Chizobam on 07826596900 or <a href="mailto:chizobam@africancommunitycentre.org.uk">chizobam@africancommunitycentre.org.uk</a> <a href="https://docs.google.com/forms/d/1FyIEaf-Go8sxW0rm8UYYqBbYWMq-KFCh-19LqNVUX4Q/edit">docs.google.com/forms/d/1FyIEaf-Go8sxW0rm8UYYqBbYWMq-KFCh-19LqNVUX4Q/edit</a>
For the <b>Welsh Refugee Council,</b>	use this link below to register: <a href="https://forms.office.com/r/DE3xeAgYHK">https://forms.office.com/r/DE3xeAgYHK</a>
Gower College	<a href="#">REACH Swansea   Scheduling and Booking Website (simplybook.it)</a>

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Family learning class, with creche, 0945-1215, <b>African Community Centre (ACC)</b>	<b>Beginners' Conversation Class, ACC, 10-12</b>	<b>FAN Zoom meeting 4-5pm. Mixed Levels</b>	<b>UiD (Unity in Diversity) beginners' class 10 - 11</b> York Place Baptist Church, York Street SA1 3LZ	<b>WRC Zoom, 930-1030, mixed levels up to intermediate</b>	<b>SASS all levels, 12-1pm at York Place Baptist Church, York Street, SA1 3LZ (followed by a social drop-in) FAN 1:20 until 3pm.</b>
<b>EYST</b> conversation class, every other week during coffee morning drop in 10-1130	<b>Mixed levels, focusing on IT skills, ACC, 1215-245</b>	<b>Swansea University beginners Zoom class 4-5pm</b>	<b>WRC Zoom, 930-1030, mixed levels up to intermediate</b>	<b>GROW Cymru: Women only beginners class 10.30-12.30; Unit 12, St David's Shopping Centre, SA1 3LG</b>	
<b>FAN 10.30-11.30</b> Informal conversation group; York Place Baptist Church, York Street SA1 3LZ	<b>Swansea University intermediate Zoom class 3-4pm</b>	<b>SASS advanced Zoom class 450-550pm</b>	<b>Swansea University intermediate Zoom class 4-5pm</b>	<b>SASS intermediate Zoom class 2-3pm</b>	
<b>WRC (Welsh Refugee Council) Zoom, 130-230, mixed levels up to intermediate</b>	<b>SASS advanced Zoom class 5-6pm</b>	<b>WRC Zoom, 6-7pm, mixed levels up to intermediate</b>	<b>SASS advanced Zoom class 5.30-6.30pm</b>	<b>Swansea University beginners Zoom class 4-5pm</b>	
<b>Swansea University beginners Zoom class 3-4pm</b>		<b>SASS Women's Zoom group 6-7pm</b>	<b>UiD intermediate class 5.45-7pm, York Place Baptist Church, York Street, SA1 3LZ (part of a social drop in that starts at 4pm)</b>	<b>SASS all levels 4-5pm, St James Church, Walter Road, SA1 4QF (Followed by a social drop in) FAN 5:30 until 7pm,</b>	<b>SASS advanced Zoom class 7-8pm</b>

## Sport and Fitness

Organisation	How to Access
<b>BME Sport Cymru.</b> Support and information available to access various activities locally such as football, outdoor activities and much more. Able to assist community groups and organisations with sporting/physical activity projects. Get in contact to attend the BME Sports Forum	<b>Tel:</b> contact Basit on 07982930601 <b>email:</b> <a href="mailto:basit@eyst.org.uk">basit@eyst.org.uk</a> <b>Address:</b> EYST – 11 St Helen’s Road. SA1 4AB to attend the BME Sport Forum. <a href="#">BME Sports - EYST - Ethnic Minorities and Youth Support Team Wales - Supporting BME people living in Wales.</a>
<b>African Community Centre-</b> Zumba on Mondays at 11:15-12:15 and Fitness with Sarita, Thursdays at 10:30-11:10	<b>Address:</b> The Grand Multicultural Hub <b>Email:</b> <a href="mailto:info@africancommunitycentre.org.uk">info@africancommunitycentre.org.uk</a> <b>Web:</b> <a href="http://www.africancommunitycentre.org.uk">www.africancommunitycentre.org.uk</a>

## Household items and clothes, bikes and food

### Household items and clothes

Organisation	How to Access
<b>Unity in Diversity (UID):</b> They have adults and children’s clothes, bedding, pots, pans and other household goods.	<b>Address:</b> York Place Baptist Church SA1 3LZ

### Bikes

<b>BikeAbility- Bicycle</b> donations when available. The resource we are piloting is called ‘Understanding Your Child’	<b>Tel:</b> Cez 07584044284 / Mike 07968109145 or <b>Email:</b> <a href="mailto:bikeabilitywales@ymail.com">bikeabilitywales@ymail.com</a>
<b>Re-Cycle- Bicycle</b> donation if people volunteer for two days. Open Thursday to Saturday. Contact no. 07847474880 – Bryn-Y-Mor Road. SA1 4NE	<b>Tel:</b> 07847474880 <b>Address:</b> Bryn-Y-Mor Road. SA1 4NE
<b>Repair Café Swansea-</b> Take any broken item and they will try their best to fix it. Every 1 <sup>st</sup> and 3 <sup>rd</sup> Saturday of the month. Volunteering opportunities available as well contact.	<b>Address:</b> Environment Centre. Pier Street. SA1 1RY. <b>Emails:</b> <a href="mailto:info@repaircafewales.org">info@repaircafewales.org</a>

### Food

<b>Food banks-</b> various throughout the city.	<b>email:</b> <a href="http://swansea.foodbank.org.uk">http://swansea.foodbank.org.uk</a>
<b>Matt’s Caf- For</b> a free delicious hot meal. Every Monday and Tuesday from 10-3pm and Sundays 6:30-9pm.	<b>Address:</b> 84 High Street. SA1 1LW
<b>Community Fridge Swansea-</b> Access free fresh food for free. Monday 1-4pm and Tuesday to Friday 11-3pm.	<b>Address:</b> The Custom House, Cambrian Place. The Marina. SA1 1RG.

## Violence and abuse

Organisation	How to Access
<b>BAWSO-</b> referrals for human trafficking, FGM and honour-based violence but speak to HAT first.	<b>Tel:</b> 01792 642 003. <b>Address:</b> 37-38 The Kingsway. SA1
<b>Health Access Team- HNS</b> team dedicated to supporting asylum seekers- including initial screening when they first arrive.	<b>Contact</b> 01792 517882 <b>Address:</b> based in Orchard Street clinic.

<b>Non-Emergency-</b>	<b>Tel:</b> 101 or 01792 456999
<b>Emergency (Fire – Ambulance – Police)-</b>	<b>Tel:</b> 999
<b>Hate Crime (help and advice)-</b>	<b>Tel:</b> 101 or 01792 456999

Transport	
Organisation	How to Access
<b>British Red Cross-</b> Small funds for destitute asylum seekers and assistance to travel to Liverpool for fresh claims or further submissions appointments.	10am-12.30 on Wednesday mornings at <b>Address:</b> 3 <sup>rd</sup> Floor YMCA, 1 Kingsway in city centre.
<b>African Community Centre</b> - Transport Scheme for asylum seekers, this is dependant on volunteers.	Call Us On <a href="tel:03302292995">0330 229 2995</a> Or <a href="tel:01792470298">01792 470298</a> Email Us At <a href="mailto:Info@Africancommunitycentre.Org.Uk">Info@Africancommunitycentre.Org.Uk</a>

Women's Groups	
Organisation	How to Access
<b>Swansea Women's Group</b> – Second Saturday of Every Month – 10:30am to 1:30pm <b>Activities:</b> Friendship, Crafts, Cookery, Photography and much more!	<b>Address:</b> The Waterfront Museum, Oystermouth road, Swansea SA1 3RD <b>Email</b> swanseawomensgroup@gmail.com

Libraries
<p><b>Swansea Central Library:</b> Civic Centre, Oystermouth Road, Swansea, SA1 3SN</p> <p>St Thomas Library:<b>Grenfell Park Road, St Thomas, Swansea, SA1 8EZ.</b></p> <p><b>Townhill Library:</b> Paradise Park, Powys Avenue, Townhill, Swansea, SA1 6PH.</p> <p><b>Brynhfryd Library:</b>Llangyfelach Road, Brynhfryd, Swansea, SA5 9LH.</p> <p><b>Morrison Library:</b> Treharne Road, Morrison, Swansea, SA6 7AA.</p> <p><b>Penlan Library:</b> Heol Frank, Penlan, Swansea, SA5 7AH.</p> <p><b>Sketty Library:</b> Vivian Road, Sketty, Swansea, SA2 0UN.</p> <p><b>Llansamlet Library:</b> 242 Peniel Green Road, Llansamlet, Swansea, SA7 9BD.</p> <p><b>Clydach Library:</b> High Street, Clydach, Swansea, SA6 5LN.</p>

Detention Centres and Support Groups
<p><b>Bridgend Custody Suite:</b> People who are detained by the home office in Swansea/South Wales are taken here initially. Enquiries can be made by telephone. <b>Tel:</b> 01656 679505</p> <p><b>Address:</b> Queens Road North, Bridgend Industrial estate, Bridgend. CF31 3RT</p>

<p><b>IRC visiting hours vary – call first.</b> You must <b>book at least 1 day in advance</b> and bring <b>photo ID (passport or driving licence)</b> and <b>utility bill showing your name and address.</b></p> <p>There's often a <b>free bus service</b> from nearby bus/train stations.</p>
<p><b>BROOK HOUSE:</b> Perimeter Road, Gatwick Airport. RH6 0PQ – Tel: 01293 566 559</p> <p><b>Detention Action</b> (Detention Support Group)</p> <p><b>Freephone: 0800 587 2096 Email: admin@detentionaction.org.uk</b></p>
<p><b>CAMPSFIELD HOUSE:</b> Langford Lane, Kidlington, Oxon. OX5 1RE <b>Tel: 01865 233 600</b></p> <p><b>AVID Visitor Group</b> (Detention Support Group)</p> <p><b>Tel: 0207 281 0533 Email: enquiries@aviddetention.org.uk</b></p>
<p><b>COLNBROOK:</b> Harmondsworth - West Drayton - Middlesex. UB7 0FX<b>Tel: 020 86075200</b></p> <p><b>Detention Action</b> (Detention Support Group) <b>Freephone: 0800 587 2096</b></p>
<p><b>DOVER:</b> The Citadel, Western Heights, Dover Kent. CT17 9DR <b>Tel: 01304 246 400</b></p> <p><b>AVID Visitor Group</b> (Detention Support Group) <b>Tel: 0207 281 0533</b></p>
<p><b>DUNGAVEL HOUSE:</b> Strathaven, South Lanarkshire. ML10 6RF <b>Tel: 01698 395 000</b></p> <p><b>AVID Visitor Group</b> (Detention Support Group) <b>Tel: 0207 281 0533</b></p>
<p><b>HARMONDSWORTH:</b> Colnbrook-by-pass, West Drayton, Middlesex. UB7 0HB<b>Tel: 020 8283 3850</b></p> <p><b>AVID Visitor Group</b> (Detention Support Group) <b>Tel: 0207 281 0533</b></p>
<p><b>HASLAR:</b> 2 Dolphin Way, Gosport, Hampshire. PO12 2AW. <b>Tel: 02392 604 000</b></p> <p><b>AVID Visitor Group</b> (Detention Support Group) <b>Tel: 0207 281 0533</b></p>
<p><b>LARNE HOUSE:</b> 2 Hope Street, Larne, Antrim. BT40 1UR <b>Tel: 028 2826 2070</b></p> <p><b>AVID Visitor Group</b>(Detention Support Group) <b>Tel: 0207 281 0533</b></p>
<p><b>MORTON HALL:</b> Swinderby, Lincolnshire. LN6 9PT <b>Tel: 01522 666 819</b></p> <p><b>AVID Visitor Group</b> (Detention Support Group) <b>Tel: 0207 281 0533</b></p>
<p><b>PENNINE HOUSE:</b> Rm 1506-1510, Terminal 2, Manchester Airport. M90 4AG. Tel: 0161 489 5702</p> <p><b>AVID Visitor Group</b> (Detention Support Group) <b>Tel: 0207 281 0533</b></p>
<p><b>THE VERNE:</b> Portland, Dorset. DT5 1EQ. <b>Tel: 01305 825000</b></p> <p><b>AVID Visitor Group</b> (Detention Support Group) <b>Tel: 0207 281 0533</b></p>
<p><b>YARL'S WOOD:</b> Thurleigh Road, Clapham, Bedfordshire. MK41 6HL. <b>Tel: 01234 821 000</b></p> <p><b>AVID Visitor Group</b> (Detention Support Group) <b>Tel: 0207 281 0533</b></p>

Last updated: April 2023

**PLEASE NOTE:**

**The information provided in this booklet is intended to help you make an informed decision in relation to your own circumstances. You must consider whether you feel they are the right options for you. This is a list of organisations for your reference. This list is by no means exhaustive.**

For further information, or if you would like to add or amend an entry please contact:

[Charlotte\\_Davies@scvs.org.uk](mailto:Charlotte_Davies@scvs.org.uk) or [Natalia\\_ilina@scvs.org.uk](mailto:Natalia_ilina@scvs.org.uk) or  
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